

Connecticut Professional Timber Producers Assoc.
1133 Litchfield Road
Norfolk, CT 06058

Logging and Your Health Working with Wetlands Agencies & Avenza for Forestry

**Friday, October 31st, 2025
Sessions Woods
Burlington, CT**

Sponsored by:



**2.5 CEU's for CT Certified
Forest Practitioners**

4 Category I MA Forestry Credits

3 Category II MA Forestry Credits

7 MA THL Credits

This day long program will explore:

How changes in the logging industry, particularly mechanization, have contributed to an increase in cardiovascular risks associated with hypertension. Learn practical behavior changes you can take to reduce the risks and how to personalize these changes to make them more sustainable over time.

A “how to” presentation on working with municipal Inland Wetlands Agency determinations related to forest practices. During this presentation Nick Zito, CT DEEP’s Forest Practices Act Program Specialist, will encourage open discussion of specific municipalities, new regulations, difficulties, and more.

An outdoors, hands-on mapping exercise using the Avenza app.

Please Note: Participants will be emailed a downloadable map at least a week before the event. They will then need to download the Avenza app to their phones and download the emailed map to the Avenza app prior to the day of the program.

Lunch will be provided!



Agenda

- 8:00 am Registration, coffee and donuts
- 8:30 am *Logging for Life: A wellness approach, practical strategies for managing blood pressure and taking manageable steps to reduce hidden risks.*
Mitzi Sackett, MS– Northeast Center for Occupational Health and Safety
- 10:00 am Break
- 10:15 am Continue, *Logging for Life*
- 11:45 am Working Lunch– Provided
Wetlands and Forestry: A How-to on rulings, permits, and more
Nick Zito– CT DEEP
- 12:45 pm Continue, *Wetlands and Forestry*
- 2:15 pm Break
- 2:30 pm *Hands-on Mapping with Avenza*
Dave Beers– CT DEEP
- 4:00 pm End of program
CEU certificates

Friday, October 31st, 2025
8:00 am - 4:00 pm

Sessions Woods
341 Milford St.
Burlington, CT 06013

Pre-registration is required!



Registration Information:

Free for members of CT Professional Timber Producers Association

\$30 for non-members

Lunch is included

Pre-registration is required!
Deadline to register is October 22nd

Join or renew membership in the Connecticut Professional Timber Producers Association at time of registration and class is free. Membership dues: \$150 per year. Visit www.timproct.org to download a membership application.

To register for this event visit www.timproct.org and click the link under news & info

Or

Check your email for registration information

For help registering online or further information contact:
Timpro at 860 948-0432 or
e-mail: info@timproct.org